

# SIGNIFICANCE

## WEEKS 2 - 7 OVERVIEW

### OBJECTIVE

- Understand the difference between thinking of yourself like gum or a diamond.
- Learn how to properly care for skin.
- Discover and develop strengths.
- Realize the impact of your attitude.
- Define and set boundaries.
- Learn how to communicate effectively.

**“When someone is significant, it means they are important and have substantial value.”**

### MAIN IDEA

“I am significant” is a truth that needs to be more than just a slogan to the students; it needs to become a philosophy and foundation for their lives. Remind the students frequently that we are all significant, created uniquely and one-of-a-kind. We are each a masterpiece. Develop this truth in each student over the course of the next six classes.

Each student should value herself because she is a one-of-a-kind treasure. The main objective is that through the topics of self-confidence, strengths, positive attitude, healthy relationships and communication, students will be encouraged to embrace their significance.

After laying the foundation of significance, each topic will focus on how students should demonstrate their significance in the way they take care of themselves, their unique strengths, their attitude, their relationships and how they communicate. Upon completion of these topics, students should have an increase in self-confidence, relationship skills and self-awareness.

To facilitate memorization of key concepts, constantly reiterate in the class “if something is significant, it is valuable.” As the students become familiar with the statement, you may want to pause halfway, and encourage them to complete in unison “if something is significant, it is valuable and if it is valuable, you take care of it.”